

- .563 Cooking for health, appearance, personal reasons
Standard subdivisions are added for cooking for health, appearance, personal reasons together; for cooking for health alone
Class here cooking to prevent illness; comprehensive works on cooking probiotic foods (foods with probiotics)
For cooking specific kinds of probiotic foods, see the foods, e.g., cooking probiotic dairy products 641.67
- .563 1 Cooking for people with medical conditions
Class cooking for specific diets for specific medical conditions in 641.5632–641.5639
- .563 6 Vegetarian cooking
Cooking for plant-based diet that excludes meat from land animals but may include milk products, eggs, seafood
Class here cooking for lacto-ovo vegetarian diet, cooking for pescatarian diet
Class comprehensive works on vegetarian foods in 641.303; class interdisciplinary works on vegetarianism in 613.262
See also 641.65 for cooking vegetables
- .563 62 Vegan cooking
- .563 8 Cooking with respect to carbohydrate, fat, protein content
Class cooking for diets that exclude specific foods in 641.5639
For gluten-free cooking, see 641.5639311; for casein-free cooking, see 641.56397