

- .268           Diets that exclude specific foods  
                   Including diets that exclude specific meats or seafood, e.g., pork-free diet  
                   Class vegetarian diet in 613.262; class sugar-free diet in 613.28332; class  
                   salt-free diet in 613.28522
- .268 3–.268 5       Diets that exclude specific foods from plant crops  
                   Add to base number 613.268 the numbers following 63 in 633–635  
                   for the food to be excluded, e.g., wheat-free diet 613.268311
- .268 311           Wheat-free diet  
                   Number built according to instructions under  
                   613.2683–613.2685  
                   Class here comprehensive works on gluten-free diet  
                   *For rye-free diet, see 613.268314; for barley-free diet, see  
                   613.268316*
- .268 7           Diets that exclude dairy and related products  
                   Class here dairy-free diet; casein-free diet, lactose-free diet  
                   Add to base number 613.2687 the numbers following 637 in  
                   637.1–637.5 for the food to be excluded, e.g., milk-free diet  
                   613.26871, egg-free diet 613.26875
- .28            Specific nutritive elements  
                   Class here weight-gaining diet focused on a specific nutritive element  
                   [formerly 613.24], weight-losing diet focused on a specific nutritive element  
                   [formerly 613.25]  
                   Class calories in 613.23; class high-fiber and low-fiber diets in 613.263;  
                   class dietary regimens that exclude specific foods in 613.268
- .282            Proteins  
                   *For gluten-free diet, see 613.268311; for casein-free diet, see  
                   613.2687*
- .283 32         Sugar-free diet  
                   *For lactose-free diet, see 613.2687*